



120 deaths of men and women are given verdicts of suicide in Coroners Courts every week in the UK.

For every recorded death by suicide, **25-30** attempts are made by men and women that are known to services.

That's **3,000** attempted suicides each week.

12,000 attempted suicides each month.

144,000 attempted suicides each year.

At the very least, that's 144,000 people who survive a suicide attempt each year.

You may well be a survivor. A family member may be a survivor. A work colleague may be a survivor. A friend may be a survivor.

We are all ordinary people. We are not alone.

Come and see a....



Our contact details are on the back of this flyer.



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Chris and Rachel
07706 115 471

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manaboutadog.org



**Survivors;
surviving surviving**



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